

# Balance the Straw

*traditional (Fieldtown)*

A(AB)4

A

stick down                      stick down                      out                      in                      front                      XTF  
double step                      double step                      hop - back hop - back                      FTJ

4

B

dib beh. dib frt.                      XTF                      XTB                      dib beh.                      dib frt.  
stand                      in place

8